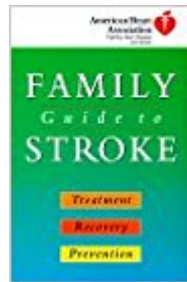


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# American Heart Association Family Guide To Stroke: Treatment, Recovery, And Prevention



## Synopsis

From the nation's leading authority on heart disease and stroke, the definitive guide to stroke treatment, recovery, and prevention. This optimistic sourcebook will help you: Spot the five warning signs of a stroke -- and get immediate medical aid to improve the chances of a full recovery Find out whether you're at risk for a stroke and change your lifestyle to help prevent a first or second stroke Receive the most effective and up-to-date treatment available, including medications, surgery, and psychological counseling Get the most out of rehabilitation in the hospital and at home Involve the whole family in coping with the physical and psychological issues of recovery Tap into a support network of resources for stroke survivors and their families

## Book Information

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